



studio Leonardo D'Alessandro

BEAUTY & FITNESS

SAUNA
TAPIS ROULANT
CYCLETTE
MASSAGES AND BEAUTY TREATMENTS

Open every day except sunday from 10:00 am to 06:00 pm



GRAND HOTEL WAGNER

via R. Wagner, 2 - 90139 Palermo
tel. 091 336572 - fax 091 335627
www.grandhotelwagner.it

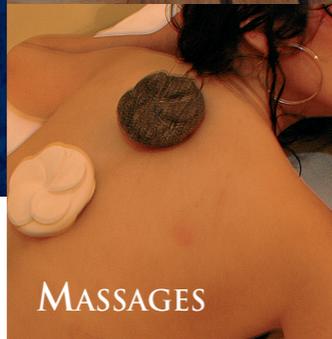


GRAND HOTEL WAGNER

BEAUTY & FITNESS



GRAND HOTEL WAGNER



MASSAGES



Plantar Reflexology

(duration 20')

The plantar massage acts on the nervous system and on blood circulation and creates an immediate feeling of wellness by restoring the harmony of the individual, reducing the stress and creating a sense of relax.

Hot-Stone massage

(duration 50')

Therapeutical effects of stones on human body were well known since ancient times. This massage relaxes the muscles of the back, shoulders and neck, draws off the water retention, improves blood circulation, smooths the skin out, improves metabolism, detoxifies the organism and creates a deep relax for mind and body.

Relaxing massage

(duration 50')

Recommended to dissolve both mental and physical tensions, this massage re-balances mood, improves sleep quality and blood circulation.



Head/Face massage

(duration 20')

A relaxing massage technique specifically for the scalp, the hair and the face. It's recommended to dissolve physical tensions and any signs of tiredness.

Lymphatic drainage massage

(duration 50')

Depurative massage to easily eliminate the surplus of liquids and toxins from the body by improving the lymphatic balance.

Chocolate massage

(duration 50')

Let yourselves be "sweetly" cuddled by hot chocolate slowly flowing on your bodies, giving you a sweet sensation of relax.

Apple massage

(duration 50')

A relaxing and draining massage that uses the refreshing properties of apples to eliminate the surplus of liquids, improve the circulation of blood and give you a soft, velvety skin.

Grapes massage

(duration 50')

A feeling of freshness and lightness created by a relaxing massage with anti-age properties. A real youth elixir!

Hawaian massage "Lomi Lomi"

(duration 50')

The regular and sweet rolling of the ocean waves, the natural harmony of uncontaminated paradises, the hypnotic sensuality of traditional dance Lomi Lomi, also known as the soul massage. This massage relaxes and tones up the musculature and the articulation and it's recommended for a good blood circulation and in order to fight depression and stress by giving serenity and love to the individual. It's performed with slow and particular movements of arms and forearms, inspired to the grace of ocean waves, combined with essential oils and a background of hawaian music.

Anti-cellulite massage

(duration 50')

This massage is composed of many movements but it's focused especially on kneading, a technique which acts subcutaneously, eliminating the adipose tissue and easing the blood to flow in the right direction. It has healthy effects on cells which are more oxygenated and detoxed and it improves the appearance of skin. It also enforces the capillaries by getting them used to a major flow of blood.



TREATMENTS

Chocolate treatment

(duration 120')

Since the time of ancient Mayans, chocolate has been always used as a powerful natural system to fight ageing and preserve an attractive and young look. This treatment based on cocoa and chocolate involves a karité butter peeling followed by a chocolate massage. It's stimulating, energizing, anti-ageing and anti-stress and it's also particularly efficient to prevent and treat cutaneous ageing and atony.

Let yourselves go to an incredible wave of emotions which will seduce all the five senses, with an increase of your energy and a wonderful feeling of wellness.



Back treatment

(duration 50')

This treatment purifies the organism, dissolves contractures and tensions and gives an immediate and longlasting feeling of wellness. The ingredients of this efficient treatment are clay combined with a personalized synergy of pure and essential oils applied on particular areas of the spine, followed by a re-balancing massage.

Manicure + paraffin hands treatment

(duration 50')

An anti-ageing hands treatment, hydrating and emollient, efficient to diminish the aridity and the ageing of skin and to give it softness, tone and elasticity.

Pedicure + paraffin plantar treatment

(duration 50')

An anti-ageing feet treatment, hydrating and emollient, efficient to diminish the aridity and the ageing of skin and to give it softness, tone and elasticity.

Eyes contour treatment

(duration 20')

A treatment based on vitamins and nutritious substances to give a new light to your look.

Visage treatments

Face cleansing

Specific visage treatments

Small visage treatment

Visage treatment with glycolic acid

Body treatments

Hardening treatment for body and breast

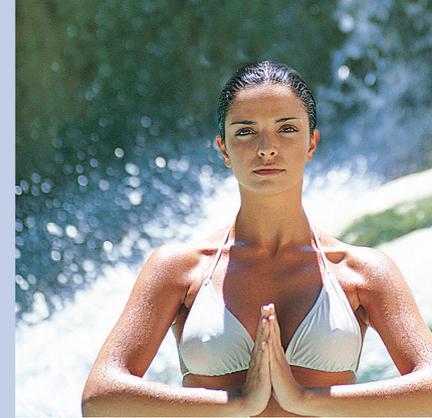
Body peeling with sauna

Hair removal

Eyebrows, Visage, Partial body, Arms, Legs, Back, Chest

Manicure & Pedicure

Manicure, French manicure, Manicure with exfoliating brick, Pedicure with peeling, Plantar massage



"Jasmine" formula

- Body peeling
- Aromatic compress (synergy of personalized essential oils)
- Face cleansing
- Manicure
- Full massage

